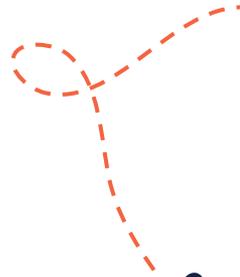




The Reciprocated Mentor- Mentee Relationship & The Art Of Open Dialogue



Antonette Todd, Post-Doc
Molecular Genetics &
EpiGenomics Lab





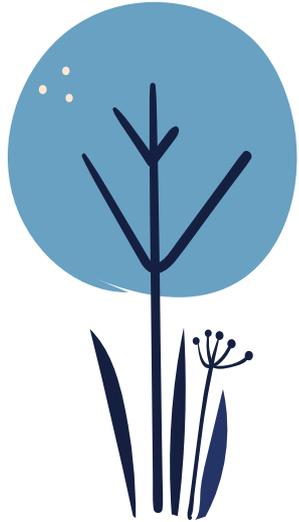
PROJECT
WicCED
WATER *in the*
CHANGING COASTAL ENVIRONMENT
of DELAWARE



Center for
Integrated Biological &
Environmental Research

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“A mentor is someone who allows you to see the hope inside yourself.”

—Oprah Winfrey



“If you want to go fast, go alone. If you want to go far, go together.”

—African Proverb



“Ask for what you want and be prepared to get it.”

—Maya Angelou

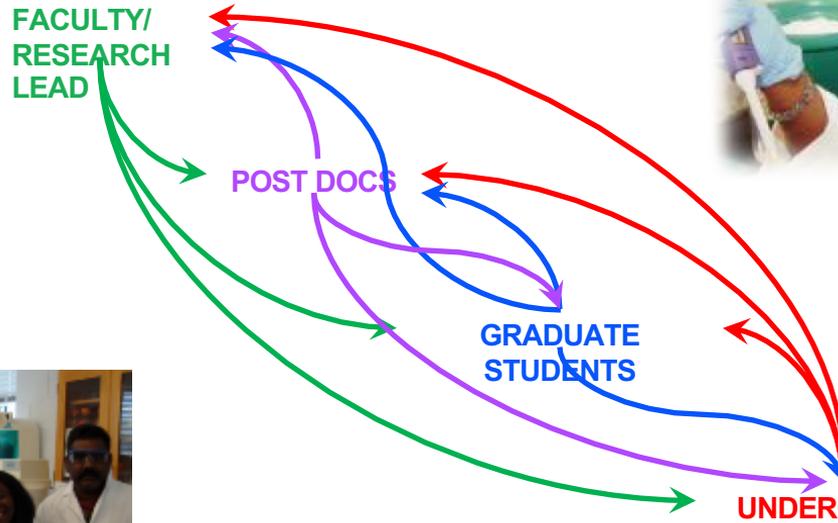
Layered Mentorship

FACULTY/
RESEARCH
LEAD

POST DOCS

GRADUATE
STUDENTS

UNDERGRADUATE





What Makes a Good Mentor



What Makes a Good Mentee

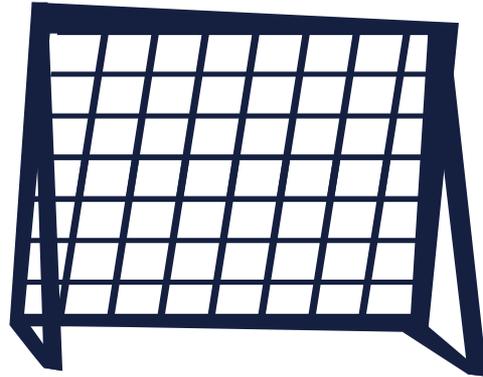


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- Give Honest Feedback
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<https://www.forbes.com/sites/carriekerpen/2018/06/18/5-things-great-mentors-do/#25b379dd6b58>





Students work with
everyone, everyone works
with students



Seven Rules to Live

By – Billy Porter

1. "Choose yourself, save yourself, bet on yourself!"

2. "Dress for the job you want, not the job you have!"



3. "Don't wait for anybody to give you permission to practice your art!"

4. "Be on time."

5. "When people show you who they are, believe them the first time."

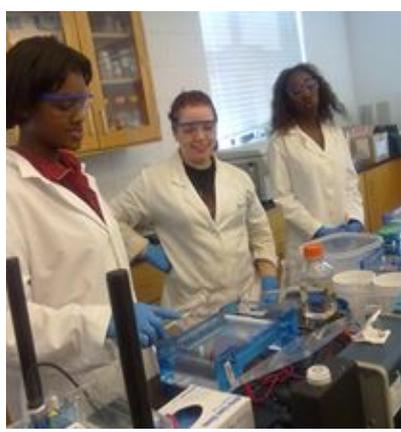
6. "Be of service."

7. And, last but not least, "mean what you say and say what you mean."



Respectful
Connections are also
made outside of
research





Mentor-Mentee Relationships can Be Lifelong

