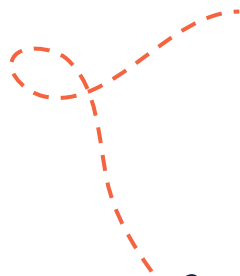




The Reciprocated Mentor- Mentee Relationship & The Art Of Open Dialogue



Antonette Todd, Post-Doc
Molecular Genetics &
EpiGenomics Lab





PROJECT
WicCED

WATER *in the*
CHANGING COASTAL ENVIRONMENT
of DELAWARE



Center for
Integrated Biological &
Environmental Research

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“A mentor is someone who
allows you to see the hope
inside yourself.”

—Oprah Winfrey



“If you want to go fast, go
alone. If you want to go
far, go together.”

—African Proverb



—Maya Angelou

“Ask for what you want
and be prepared to get it.”



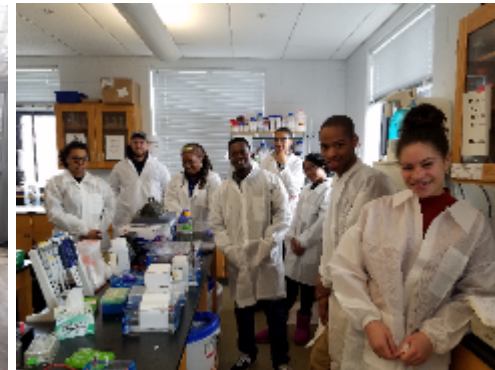
Layered Mentorship

FACULTY/
RESEARCH
LEAD

POST DOCS

GRADUATE
STUDENTS

UNDERGRADUATE





What Makes a Good Mentor



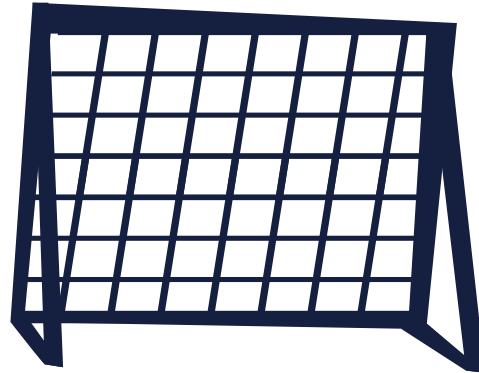
What Makes a Good Mentee

- Listen
- Give Honest Feedback
- Motivate and Inspire
- Establish Mutual Respect
- Be Present and Open

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<https://www.forbes.com/sites/carriekerpen/2018/06/18/5-things-great-mentors-do/#25b379dd6b58>





Students work with
everyone, everyone works
with students



Seven Rules to Live

By – Billy Porter

1. "Choose yourself, save yourself, bet on yourself!"

2. "Dress for the job you want, not the job you have!"

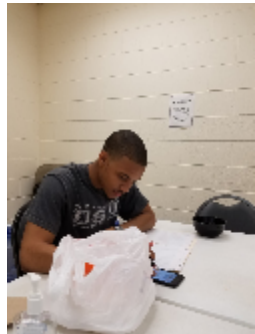
3. "Don't wait for anybody to give you permission to practice your art!"

4. "Be on time."

5. "When people show you who they are, believe them the first time."

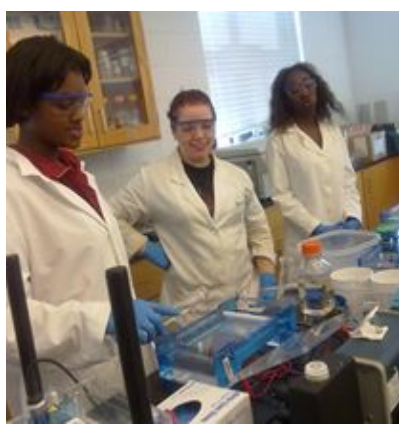
6. "Be of service."

7. And, last but not least, "mean what you say and say what you mean."



Respectful
Connections are also
made outside of
research





Mentor-Mentee Relationships can Be Lifelong

